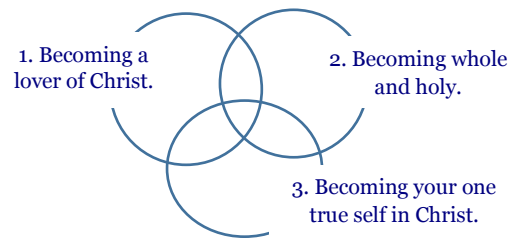




Spiritual Training:

*Space for God, to tell me what to take off and
what to put on.*



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3 exercises I am committing too, to grow in Christlikeness

1. _____

How am I planning to create conditions to hear God?

2. _____

What exercise am I doing to help take off _____

3. _____

What exercise am I doing to help put on _____

Training Partner _____